



UNIVERSITY CITY HIGH SCHOOL
INITIAL ELIGIBILITY & RECRUITING
JANUARY 27, 2015



AGENDA

- **NCAA Initial Eligibility Requirements**
- **Academic Evaluations**
- **Athletic Scholarships & National Letter of Intent**
- **Recruiting Timeline**
- **Resources**

NCAA BACKGROUND INFORMATION



	Division I (SDSU, USD)	Division II (UCSD, Point Loma Nazarene University)	Division III (Chapman University, University of Redlands)
# of Institutions (Sponsoring Sports)	346	317	450
Athletic Scholarship Opportunities	Yes	Yes	No
Initial Eligibility Requirements	16 core & Initial Eligibility Sliding Scale as certified by NCAA Eligibility Center	16 core & minimum GPA (2.00) and SAT (820) or ACT (68) as certified by NCAA Eligibility Center	Determined by admission to respective University
Philosophy	Highest level of competition; greatest resources	Competitive; fewer resources; less demands on S/A	Holistic approach, true sense of "student-athlete"

CURRENT NCAA INITIAL ELIBILITY REQUIREMENTS

Division I (Seniors Only)

- **16 Core**
 - 4 English
 - 3 Math (Algebra 1 or higher)
 - 2 Natural/Physical Science (1 lab)
 - 1 Additional English/Math/Science
 - 2 Social Studies
 - 4 Additional Elective
- **Core GPA/Test score to meet index or “sliding scale”**
 - 2.00 GPA and 1010 SAT or 86 ACT score are DI minimums
- **Graduate from HS**

Did you know?
Students must graduate on time with their entering freshman class to use core coursework.

Qualifier Sliding Scale *for 2015 class only (not to scale)

Core GPA	SAT	ACT
3.55	400	37
3.00	620	52
2.75	720	59
2.50	820	68
2.30	900	75
2.20	940	79
2.10	970	82
2.00	1010	86

NEW NCAA INITIAL ELIGIBILITY REQUIREMENTS

- ❖ Applies to 2016 class and beyond
- ❖ Applicable to Division I only
- ❖ Requirements:
 - **16 Core**
 - 4 English
 - 3 Math (Algebra 1 or higher)
 - 2 Natural/Physical Science (1 lab)
 - 1 Additional English/Math/Science
 - 2 Social Studies
 - 4 Additional Elective
 - **10 core MUST be complete prior to onset of senior year**
 - Grades are “locked in” and cannot be repeated once student begins senior year
 - 7 of 10 MUST be English, Math, Science in any combination
 - **Core GPA/Test score to meet index or “sliding scale”**
 - “Floor has been raised”
 - 2.30 GPA and 900 SAT or 75ACT score are DI minimums
 - **Graduate from HS**



CERTIFICATION OUTCOMES FOR 2016 CLASS AND BEYOND

Qualifier:

- ✓ Access to practice, competition, and athletics aid in first year
- ✓ Meets all initial eligibility requirements

Academic Redshirt:

- ✓ Access to practice and athletics aid only in first year
- ✓ No competition in first year
- ✓ Has 16 core but not the 10/7 prior to senior year and/or meets the academic redshirt index

Non-Qualifier:

- ✓ No practice, no competition, no athletics aid in first year
- ✓ Three seasons of competition; may earn 4th year back
- ✓ Did not have 16 core, or did not meet index, or did not graduate

CERTIFICATION IMPACT JC TRANSFERS

Full Qualifier:

- ✓ **May be minimally enrolled in one full time term at JC**
- ✓ **Must average 12 units of transferable work per FT term of attendance with a 2.50 cumulative GPA**

Academic Redshirt and Non-Qualifier:

- ✓ **Must complete a minimum of 3 full time terms at JC**
- ✓ **Must minimally complete 48 transferable units with a 2.50 cumulative GPA**
 - ✓ **Of 48 transferable units, 6 must be English, 3 Math, 3 Science**
- ✓ **Must receive AA degree**

CERTIFICATION INDEX

Qualifier Sliding Scale *for 2016+ class (not to scale)		
Core GPA	SAT	ACT
3.55	400	37
3.00	620	52
2.75	720	59
2.50	820	68
2.30	920	75

Academic Redshirt Scale *for 2016+ class (not to scale)		
Core GPA	SAT	ACT
2.275	910	76
2.20	940	79
2.10	980	83
2.05	1000	85
2.00	1020	86

Did you know? Approximately 185,000 students per year register with the NCAA Eligibility Center and 85,000 final certifications are performed per year!

INITIAL ELIGIBILITY CORE COURSE REQUIREMENTS

- **Must be college prep in one or a combination of the following areas: English, Math, Natural/Physical Science, Social Science, Foreign Language, Comparative Religion or Philosophy**
- **Course must be taught at or above the regular high school level and qualify for high school graduation credit**
- **Course must be NCAA approved**

CORE COURSE BEST PRACTICES

- **Students should take a minimum of 4 **NEW** NCAA approved core courses each semester**
- **When registering for classes, be sure to check classes against UCHS's "List of NCAA Approved Courses"**
- **Courses taken elsewhere should be reviewed and cleared by UCHS counselor PRIOR to doing so; may check with NCAA Eligibility Center**
- **Courses taken through a non-traditional program (online, credit recovery) may NOT be NCAA approved; check with UCHS counselor prior to enrolling in such coursework**

EDUCATION IMPACTING DISABILITIES

NCAA provides the following accommodations for those students with a documented education impacting disability who have registered with the NCAA accordingly:

- ✓ Use of approved courses for students with EID's that are designated on the HS's list of approved NCAA courses
 - Designated with an = sign next to the course title
- ✓ May take a nonstandard ACT/SAT to satisfy the test-score requirement
- ✓ May use up to 3 additional approved core courses taken after HS graduation and before initial FT collegiate enrollment (Division I only)
 - For Division II only, a student with an EID may use any approved core course taken before FT collegiate enrollment

GPA CALCULATION

The NCAA Eligibility Center calculates the grade-point average of a student's core courses on a 4.000 scale. (A=4; B=3; C=2; D=1)

To Calculate the Overall Grade-Point Average:

Total points earned / Total credits earned = GPA

Note: The best grades from a student's NCAA courses will be used to satisfy the core-course requirements.

Did you know? NCAA accepts D grades (whereas CSU and UC do not) as credit completed and used towards GPA calculation.

TEST SCORE

- **SAT or ACT must be taken on a national testing date**
- **Writing component of the SAT and ACT are not utilized for NCAA purposes**
- **May take as many times as necessary to achieve qualifying test score prior to initial full time enrollment**
- **Prospects should initially take the SAT or ACT during their junior year**
- **Test score will be determined using the best sub-scores from any one sitting**

	Math	Verbal	Total
SAT 10/13	350	<u>490</u>	840
SAT 12/13	<u>400</u>	420	820
Scores Used	400	490	890

ELIGIBILITY CENTER REGISTRATION

- **Students should register with the NCAA Eligibility Center during their sophomore year in high school.**
- **Registration costs \$75.**
 - If a student has qualified for an SAT or ACT fee waiver, fee may be waived by high school administrator.
- **Students are prioritized by those who are placed on an “Institutional Request List”.**
 - Will receive a preliminary evaluation of 6 semester transcript and SAT/ACT test score.
 - Will receive final certification once they are “Ready to Process”.
 - All transcripts and test scores received, no outstanding tasks.

ATHLETIC SCHOLARSHIP RUMORS, REALITIES, RULES

Rumor: Everyone is on a full athletics scholarship.

Reality: In Division I, the following sports are those which provide a full athletic scholarship:

- Men's & Women's Basketball
- Football
- Women's Gymnastics
- Women's Tennis
- Women's Volleyball

*** All other sports are considered “equivalency sports” and generally provide a percentage of a full scholarship to maximize their rosters (i.e., Men's Soccer is 9.9).**

Rule: Any student-athlete may receive the value of a full athletic scholarship to cover tuition & fees, room & board, books.

ATHLETIC SCHOLARSHIP RUMORS, REALITIES, RULES

Rumor: Student-athletes sign a four-year scholarship agreement.

Reality: Most student-athletes sign a one-year scholarship agreement that is renewable at the institution's discretion.

Rule: NCAA rules permit a student-athlete to sign a multi-year scholarship agreement (not in excess of 5 years) subject to conditions the institution sets forth.

- Read the fine print!

ATHLETIC SCHOLARSHIP TIMELINE

PRIOR TO SENIOR YEAR:

- May verbally accept a scholarship offer at any time**
 - Not binding on prospect or institution

- As of August 1 prior to the beginning of a prospect's senior year, a coach may provide a prospect with a written offer of athletic aid indicating a scholarship will be offered**
 - Not binding on prospect or institution
 - Cannot be an offer of aid to be signed by the prospect

ATHLETIC SCHOLARSHIP TIMELINE

DURING SENIOR YEAR:

Prospects may sign a National Letter of Intent with an accompanying scholarship agreement during the appropriate period for the respective sport:

NLI Signing Dates for Prospective Student-Athletes Signing 2015-16 and Enrolling 2016-17

Sport (s)	Initial Signing Date	Final Signing Date
Basketball (Early Period)	November 11, 2015	November 18, 2015
Basketball (Regular Period)	April 13, 2016	Division I: May 18, 2016 Division II: August 1, 2016
Football (Midyear JC Transfer)	December 16, 2015	January 15, 2016
Football (Regular Period)	February 3, 2016	April 1, 2016
Soccer and Men's Water Polo	February 3, 2016	August 1, 2016
All Other Sports (Early Period)	November 11, 2015	November 18, 2015
All Other Sports (Regular Period)	April 13, 2016	August 1, 2016

ATHLETIC SCHOLARSHIP INFORMATION

National Letter of Intent/Scholarship Agreement Provisions:

- Agreement is binding on prospect and institution**
 - Is satisfied by prospect completing a year of enrollment

- Basic penalty for not satisfying agreement: student must fulfill a year in residence and be charged a season of eligibility in all sports**

- NLI becomes Null and Void if:**
 - Prospect is denied admission
 - Prospect does not meet NCAA Eligibility requirements (deemed a non-qualifier)

NINTH & TENTH GRADE

ELIGIBILITY:

- Take courses that meet NCAA, graduation, and UC/CSU requirements
- Take PSAT or PLAN
- Register with NCAA Eligibility Center at completion of sophomore year

RECRUITING:

- **Coaches cannot make calls but may receive calls**
 - Exception: Men's basketball coaches can call prospects as of June 15 following completion of sophomore year
- **Coaches cannot email/write a prospect except for questionnaires, camp materials, and SDSU general information**
 - Exception: Men's basketball coaches can write to prospects as of June 15 following completion of sophomore year
- **Prospects may take unofficial visits – must be proactive!**
- **Prospects can make a verbal commitment at any time**
- **Coaches can evaluate prospects but no in-person contact off-campus**

ELEVENTH GRADE

ELIGIBILITY:

- Take courses that meet NCAA, graduation, and UC/CSU requirements
- Take SAT and/or ACT exam – send scores to NCAA EC (code is 9999)
- At completion of junior year, send 6th semester official transcript to NCAA EC

RECRUITING:

- Coaches can email/write prospects as of September 1
- Coaches can evaluate prospects but no off-campus contact
- Prospects in the following sports may take an official visit:
 - Men's Basketball, as of January 1
 - Women's Basketball, the Thursday following the DI Women's Basketball Championship game
- Prospects can take an unofficial visit
- Coaches can have off-campus contact as of July 1 following JR year for most sports
 - Men's Basketball, beginning opening day of classes
 - Women's Basketball, beginning September 1
 - Football, no contacts allowed
- Coaches may make calls as of July 1 following JR year for most sports
 - For football, one phone call from April 15 to May 31
 - For Women's Basketball, unlimited as of September 1

TWELFTH GRADE

ELIGIBILITY:

- **Take courses that meet NCAA, graduation, and UC/CSU requirements**
- **Take SAT and/or ACT exam – retake if needed**
- **Apply to colleges**
- **Take ELM/EPT placement exams if necessary for CSU institutions**
- **At completion of senior year, send final official transcript to NCAA EC with proof of graduation**

TWELFTH GRADE

RECRUITING:

- **Coaches can email/write prospects**
- **Coaches can evaluate prospects**
- **Prospects can take an unofficial visit**
- **Coaches can have off-campus contact**
 - Football: contacts allowed as of Sunday following the last Saturday in November
- **Coaches may make calls**
 - Rules on telephone calls vary by sport
- **Official visits are permitted as of the opening day of senior classes**
 - No more than 5 total official visits to DI schools, and no more than 1 per institution
- **Prospect may sign an NLI/Scholarship Agreement**

HOW DO YOU KNOW YOU'RE BEING RECRUITED??

- **Coaches are evaluating him at practices and competitions**
- **Coaches are sending permissible written correspondence (camp brochure, questionnaire, etc.) prior to the first opportunity to have correspondence with him**
- **Coaches have written correspondence, telephone communication, and off-campus contact with him upon first opportunity to do so**
- **Coach requests that Ron take an unofficial visit to campus**
- **Hand written letters**
- **Verbal offer of athletic scholarship**
- **Provided an academic evaluation**

HOW CAN YOU HELP YOURSELF??

- **Be proactive**
 - Put a highlight video together and email coaches
 - 3-5 minutes, vital information, best highlight first, no music!
 - You can call coaches at any time
- **Attend institutional camps during the summer**
- **Compete, compete, compete!**
 - What events are college coaches attending to evaluate?
 - No substitution for hard work
 - What makes you different?
- **Request an unofficial visit to campus**
- **Employ a recruiting service**
- **Be prepared**
 - Have transcripts and test scores readily available
 - Have practice and competition schedule readily available
 - Present your best self to college coaches (Facebook, Outgoing phone message, face to face contact, do your research on University/coaches,etc)
- **Talent Evaluation**
 - Be realistic
- **Identify Universities of interest**
 - Research opportunities (starter a sophomore or senior?)
 - Academic fit?
- **Be knowledgeable of your sports recruiting calendar**

RESOURCES

- ❑ **NCAA Guide for the College Bound Student-Athlete – can be found at www.eligibilitycenter.org**
- ❑ **www.2point3.org**
- ❑ **www.ncaa.org**

Questions?